



# 150 Stories for 150 Years

## Senior Salute: I Remember the Whole Track Team Singing "Country Roads"

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Senior Aaron J. Koch is looking forward to taking his soon-to-be-conferred degree in environmental science with employment in research field work. The biology/ environmental sciences major from Pleasant Plains, Ohio, was a member of the indoor and outdoor track and field teams, an experience that left him with numerous lasting memories.



"The whole track team once sang 'Country Roads' ("Almost heaven, West Virginia.....") on the way back from a meet," he recalled. A popular teammate is from the Mountain State.

A favorite unexpected pleasure came with the annual Track Olympics, which features a devious twist on more traditional sports and games employed by Coach Ron Combs as an enjoyable, team-bonding experience. "I had no idea what Track Olympics were upon arrival at WC, but I will miss it greatly."

Aaron sees himself as a slightly older but wiser version of himself from four years ago. "i feel as though i haven't changed," he said, noting his advice for those to follow is: " Don't change who you are as a person, find the like-minded individuals."

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